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COCKTIL ALTIVIY AS A PSYCHOLOGIKAL ACTIVITY AS A PSYUCHOLOGICAL FAKTOR IN MODELNADOLESCENT DEVELOPMENT

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Annotation: The article defines the features of the labor activity of children in the family and school in adolescence, psychological factors of labor education during this period. Various forms of interaction between school and family are considered. A psychological and pedagogical analysis of the ways of interaction between the family and the school was carried out and conclusions were developed based on the results obtained.

Keywords: spiritual formation, family, school, work, experience, upbringing, education, relationships, activity, process, need, socio-economic, legal, protection, rule, material, spiritual.

President Shavkat Mirziyoyev paid special attention to the principle of "social state" in his address to our nation. In other words, "A social state means, first of all, equal opportunities for the realization of human potential, creation of necessary conditions for people to live a decent life, and reduction of poverty."

The basis for achieving this is, first of all, education. Therefore, in the Petition, it was defined as a priority task to teach schoolchildren at least two foreign languages and one profession.

In recent years, attention to education and teachers has increased, the number of admissions and directions in higher education have increased.

However, the quality of schools has not yet reached the required level.

For example, a child who studied at school for 11 years does not know a foreign language perfectly.

Due to the lack of conditions and specialists, the atmosphere of attracting young people to professions has not been formed. 50% of school graduates enter the labor

market without having any profession. Since ancient times, hard work has occupied one of the central places in the system of human values, it was considered as a quality that ensures well-being in later life.

Work, respect and well-being were interrelated concepts in people's minds. Labor education of children includes not only teaching them all the skills necessary for peasant life, but also forming a special attitude to work as an important means of living and an internal, moral need of a person. ("New Uzbekistan" newspaper, January 20, 2023, p. 1).

Training children to work was carried out according to a well-thought-out system that had been polished by many generations.

The amount of workload and educational measures correspond to the child's age, needs and abilities in each period [4].

Currently, work remains the most important means of education, because it is the basis of human life and culture and remains so.

Work develops the mental abilities of a person, it is in work activity that a person shows his creative activity, develops and improves creative inclinations. In the process of work, a person is physically strengthened, his skills and abilities develop. Hard work and the ability to work are not given by nature, but are nurtured from childhood.

The purpose of the conducted research is to study the issues of labor education in the family and school, to analyze the literature related to the problem, to expand the concept of labor education, to determine the importance of labor education in the process of personality formation, to reveal the goals and tasks of labor education in the school and family.

J. Piaget found that the central event that "initiates" a series of qualitative changes in adolescent behavior is cognitive restructuring.

If the period up to 12 years is related to the development of specific operations, then after 12 years, the transition to the stage of formal operations,

characterized by the ability to develop and apply effective strategies for planning, searching and organizing information will happen.

A child's constant occupation, passion for work is a reliable guarantee that he will not become an empty, worthless person.

Family collective work days play an important educational role. Working together with adults allows children to learn the correct organization of the workplace, smart work methods and safety rules. You can involve children in the improvement of the plot of land, create conditions for the most complete rest.

Finally, there is always a need to beautify the street, the residential area, where it is possible to organize collective work together with the neighbors.

Labor education in the family lays the foundation for the righteous life of children in the future. A person who is not used to work has only one way - to look for an "easy" life.

It usually ends badly. If parents want to see their children on this path, they may have the luxury of opting out of work education.

"Your children are very neat", "Your children are very polite", "Your children combine an amazing level of loyalty and self-respect", which parent is not flattered, sources say.

But for this, long and hard work must be done in the field of education. In this regard, labor education occupies the most important place in family education. The task of the child's work in the family is to develop his moral, physical and mental qualities, to develop his personality, and to involve him in work.

The importance of work in the moral education of a person is extremely great. Many teachers associated work with the development of civic consciousness, patriotic feelings, understanding of their social duty. One of the important qualities that should be developed and formed in a child is diligence.

Diligence is a moral quality that expresses a positive attitude to work, manifested in the employee's work, diligence and diligence. One of the means of self-affirmation of the person [1].

Work, practical production activities have a beneficial effect on the physical development of a person.

Physiological studies show that physical work related to movements and muscle exercises, being in the fresh air, strengthens a person's strength and health, increases his vitality.

Work develops a person's mental abilities, his ingenuity, creative ingenuity. Work in modern production requires extensive education and technical training, the ability to quickly learn new technology, rationalization and improvement of work practices. When we talk about the system of labor education, we do not mean some isolated system of ideas, but it grew out of the direct practice of an innovative teacher.

It was believed that even young children should be given not one-time tasks, but continuous tasks organized for months and even years, so that children are responsible for the work entrusted to them.

Children can water the flowers in the room or the whole house, set the table before dinner, look after the father's table, clean the room, tend and care for a certain area of the family garden or flower garden.

Let's try to analyze the content and importance of labor education in the family. The first thing parents should remember is the following.

Your child will be a member of a hard-working society, so his importance in this society, his dignity as a citizen will depend only on how much he participates in social affairs, how ready he is for this work. His well-being, the material level of his life will depend on it. By nature, all people have approximately the same work data, but in life, some people know how to work better, others worse, some are capable of only the simplest work, others - more complex and therefore more expensive work.

These various labor qualities are not given to a person by nature, they are cultivated during his life and especially in his youth.

Therefore, training for work, educating the quality of human labor is not only preparing and educating a good or bad citizen in the future, but also educating his future standard of living and well-being.

Secondly: it is possible to work from a need, a vital necessity. In most cases in human history, work has always had the character of forced labor necessary to avoid starvation.

But in ancient times, people tried to be not only a labor force, but also a creative force. Teaching creative work is a special task of a pedagogue [2].

When a person treats work with love, consciously sees joy in it, understands the benefit and necessity of work, understands the benefit and necessity of work when work is transformed into the main form of manifestation of personality and talent for him.

Thirdly: in labor efforts, a person is trained not only to prepare for work, but also to prepare his comrade, that is, to treat other people correctly - this is already a spiritual preparation. Fourthly: it is wrong to think that only muscles or external qualities - vision, touch, fingers, etc. are developed in labor education.

Physical development at work is of great importance, being of course an important and absolutely necessary element. But the main benefit of work is manifested in the mental and spiritual maturity of a person. Fifth: one more thing should be noted, work is important not only for social production, but also for personal life.

We know that people who can do more have more interesting and happier lives.

We know very well how much more interesting and happy people live, who are capable of many things, who can succeed in everything, who can argue, who do not make mistakes under any circumstances, who know how to own things and give them orders.

Parents should think carefully about each of these situations. They see confirmation of the vital importance of work education in the family at every step in their lives and in the lives of their friends.

Work is a conscious, goal-oriented, creative activity aimed at satisfying the material and spiritual needs of a person, developing his physical and spiritual important forces, as well as moral qualities. The content of labor consciousness is the experience of production: professional knowledge, skills and qualifications.

It also includes understanding of personal interest and entrepreneurship, the social importance of personal duty and the responsibility of everyone for the results of work, an active and creative attitude to it; the desire of the worker to confirm the principle of social justice; emotional, moral and aesthetic attitude to work.

A developed consciousness of work helps to form in a person the ability to connect diligence, his moral qualities, his needs and the forms of their satisfaction with the volume and quality of personal work.

Pedagogical conditions for improving work education in a modern family are the systematic work of the child at home, which contributes to the development of the child himself, personal qualities such as responsibility, precision, respect for other people's work, the consciousness of work develops in him, the emergence of diligence helps, and as a result, the skills and abilities necessary for further work activities [4].

A child should always face some work tasks that he can solve. This task can be short-term or long-term.

For example: you can order the child to keep clean in a certain room for a long time, and how he will do it - to make decisions and be responsible for making decisions for himself. By doing this, you put an organizational task on him. Consequently, the more complex and independent the task, the better it is pedagogically.

Diligence is the result of labor education, training and career orientation and acts as a personal virtue characterized by a strong need - a motivational field, a deep understanding of the great educational power of knowledge and faith work, the ability and desire to conscientiously perform any necessary work. .making voluntary actions in overcoming the obstacles that arise in the course of work.

The main conditions of labor education are to introduce children to competent and useful work before school age. It is difficult to give a child such labor education, which is called skills, within the confines of the family.

The family is not adapted to form a good special skill; a boy or a girl will be qualified in any public organization: school, community, institution, courses.

In no case should the family pursue qualification in a particular specialty.

But parents should not think that family upbringing has nothing to do with the acquisition of qualifications.

It is family work training that is most important for a person's future skills. A child who receives proper labor education in the family will pass his special training with great success in the future. [5.143]

Similarly, parents should not think that when we say work, we understand only physical work, muscle work. With the development of machine production, physical labor is gradually losing its former importance in human social life.

Man is becoming more and more the master of large, organized mechanical forces, and now more and more mental powers are demanded of him, not physical: regularity, attention, calculation, inventiveness, ingenuity, grasping.

Parents should raise intellectual, creative thinking working person in their family, not labor force. He believed that hard work and the ability to work are not given to a child naturally, but are nurtured in him. He said: "the idea of a careless childhood is alien to our society and can do great harm to the future. A citizen can only be a hard worker, this is his honor, joy and human dignity." Work should be one of the main elements in the family.

The main thing that parents should especially remember is this: the child will become a part of the working society, so his position in this society, his value as a citizen will depend on how willing he is to participate in public affairs.

His well-being, the material level of his life will depend on it. 66. Parents should understand that every work should be creative, teaching creative work is a special task of education in the family. [3.214]

Parents should educate not only children's readiness for work, but also the child's correct attitude towards other people. 68.

Parents should understand that the main benefit of work in the process of labor education affects the mental and spiritual development of the child.

In the process of labor education in the family, the child should be given some tasks that he can solve by using one or another labor tool.

The child should participate in the work of the family, not considering it as a compulsion, but should understand it as a conscious need. With age, work tasks should become more complex and move away from play.

For example: take the newspapers and put them in a certain place, feed the kitten or puppy, be responsible for the order in the buffet cabinet, answer the phone first, etc.

Labor education is a process of involving children in various pedagogically organized socially useful types of work in order to provide them with minimum production experience, work abilities and skills, creative practical thinking, and industriousness.

Human labor creates all material and spiritual wealth; in the process of work, a person improves, his personality is formed.

Therefore, the purpose of school labor education is to educate schoolchildren's psychological and practical readiness for work.

In general, the labor education of students of general education schools, first of all, requires a number of tasks related to the preparation of a creative person who is comprehensively developed, has a unique character, and has the following important qualities remembered:

- liability;
- diligence;
- work;
- politeness;
- tolerance
- resistance to stress;

- a person who easily adapts to the environment, knows how to rationally organize and use his potential.

Hardening of labor must be combined with political maturity and high moral qualities of the younger generation.

The struggle for the practical implementation of such a unity is one of the most important prospective directions of the development of the labor education system of schoolchildren.

Comprehensive development of students in the mass practice of labor education is an important task of the teaching staff [4].

Our conclusions are that the issues of family and school labor education have been studied. The literature on the research problem was analyzed. The concept of labor education was defined. The importance of labor education in the process of personality formation was determined.

Solving many issues related to labor education of the young generation depends on the correct understanding of the functions, goals and psychological content of child labor.

The student's work has its own characteristics. First of all, the work of students differs from the work of adults because it is organized.

Child labor is primarily organized for educational purposes.

Work readiness is achieved through the system of educational work, in each of which tasks are solved:

- 1) understanding the goals and tasks of work;
- 2) education of work motives;
- 3) formation of work skills.

In general, the labor education of students of secondary schools leads to the following.

The knowledge, skills and abilities acquired in the process of labor education are not an end in themselves and not the final product of pedagogical activity, but a means of developing the basic ability of a person - labor ability.

Academic work takes up a lot of children's time, so it has a great impact on their education.

The role of educating children in labor education is the importance of labor in human life, the nature of labor in our society, should be considered as a source of acquiring certain knowledge about the moral image of the workers of a democratic society and the formation of specific characteristics, work abilities and skills in the process of organizing educational work.

In the educational process, work acts as a leading factor of personal development and creative development of the world, as a method of acquiring possible work experience in various fields of work, and as an integral part of general education.

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